



armstrong ward



All our breads, cakes, jams and chutneys are locally made by one of our fabulous local artisan bakers or homemade especially for Armstrong Ward, using local and seasonal produce, butter and free range eggs.

armstrong ward, wainwrights yard kendal,
01539 720400 www.armstrongward.co.uk

SANDWICHES & SAVOURY

Please see specials board for today's Soup, Sandwiches and Salads.

- Cheese Scone with Butter £2.25
- With Local Damson Gumbo (*Gumbo is damson and orange chutney delicious with cheese*) £2.75

Ploughman's Board - A selection of three local English Cheese served with balsamic pickled onions, homemade apple chutney and generous chunks of artisan bread £7.95

Roast Ham Platter - A generous serving of roasted ham, served with balsamic onions, roasted cherry tomatoes, homemade chutney and artisan bread. £7.95

Sandwiches



- Roast Ham, roasted cherry tomatoes and rocket on a generous white bloomer roll £5.95
- Eden Chieftain (Local creamery mature cheddar style cheese) with homemade apple chutney on a seeded granary roll £5.95
- Appleby Brie with Chutney on an artisan seeded roll £5.95
- Free Range Egg Mayonnaise with leaves on granary roll £5.50
- Smoked Salmon, Cream Cheese and Rocket on a seeded roll £6.95

- Soup** *"Our homemade soup varies depending on what's in season. It is always very tasty and suitable for vegetarians and usually gluten free too... if you have any specific dietary requirements please ask"*
- Hand Made Soup served with artisan bread £4.95
- Small Soup and Sandwich of your choice £7.95
- Homemade Soup served with a Cheese Scone £5.95

SOMETHING FOR THE KIDS!

Choice of savoury, homemade cake or ice cream and small drink £5.95... see separate Children's menu for details...

SOMETHING SPECIAL

FAVOURITE CAKES AND SWEET TREATS

Lemon Meringue Pie, Bakewell Tart, Blueberry & Soured Cream Cake, Sticky Chocolate Cake...to name a few: take a peek at the counter to see today's lovely selection.

- Fruit Scone with Butter £2.25
- With Jam £2.50
- With Jam and Cream £2.95
- Victoria Sponge £2.95
- Homemade Lemon & Raspberry Drizzle £3.25
- Chocolate & Damson Brownie £2.95
- Millionaire's Shortbread £2.75
- All Butter Flapjack £1.75
- Homemade Granola layered with Natural Yogurt and seasonal Fruit Compote £3.95
- Carrot Cake £3.25

AFTERNOON TEA



- Cream Tea** - Tea or coffee, Scone with Jam and Cream £4.95
- Ultimate Afternoon Tea** - Choice of smoked salmon, ham or cucumber sandwich served on white bread, scone, jam & cream, a slice of one of our delicious cakes and a mini treat! £12.50

Our favourite cakes, jam and house blend tea and coffee are all available to take home



DRINKS

OUR ESPRESSO COFFEE IS AN AWARD WINNING BLEND OF FIVE SINGLE ORIGIN BEANS WITH A HIGH ROAST RELEASING THE BURNT TOFFEE AND CARAMEL NOTES. A GREAT ESPRESSO COFFEE...

- Coffee**
 - Espresso (1 or 2 shots) £1.25 /£1.75
 - Cappuccino £2.55
 - Latte £2.55
 - Mocha £2.75
 - Americano £2.45
 - Extra shot £0.60
 - Hot Chocolate (*classic Cadbury chocolate*) £2.55
 - With a dollop of whipped cream £2.75
- Cafetiere Coffee**
 - House Special Roast £2.55
- Guest Coffees**
 - Costa Rican £2.65
 - Monsoon Malabar £2.65
 - Sumatra (*Indonesian a deep rich earthy coffee with a peppery finish*) £2.65
 - Kenyan AA £2.65
- Tea**
 - House Breakfast Tea (*a blend of Ceylon, Assam and Kenyan leaf tea*) £2.45
 - Earl Grey (*a blend of black leaf tea with pure Bergamot oil*) £2.55
 - Peppermint Green (*Green tea with peppermint*) £2.55
- Guest Teas**
 - Rose Congou (*whole leaf china tea with dried rose petals*) £2.65
 - Passion Fruit & Orange Tisane (*a lovely herbal infusion*) £2.65
- Cold Drinks**
 - Willow Water (*still or sparkling 330ml*) £2.25
 - Coca Cola (*diet or standard*) £1.95
 - Ginger Beer £2.50
 - Elderflower Presse £2.25
 - A small glass of Milk £1.50
 - A small glass of Apple or Orange Juice £1.75

Homemade Pink Lemonade.... £1.95

